

Brett Elliott's
Ultimate Herbal

ParaClenz

Parasite Cleanse Program



USER GUIDE SHEET

All the products included are used simultaneously over 1 month



BodiClenz Drinks or Herbal Detox Capsules

Either 2 smoothies of BodiClenz or 10 capsules of Herbal Detox daily for 12 days. Repeat in 6 week's

Follow the one-month 'Gentle Cleanse' diet program as outlined in the BodiClenz and Ultimate Herbal Detox user guides and recipe sheets provided.



ParaClenz - 500ml Liquid Formulation

Take 20ml twice daily for 12 days. Repeat in 6 week's

This liquid herbal medicine is to be taken alongside the BodiClenz or Herbal Detox each morning and night. You can use a small shot glass or cough syrup cup. It is best to take this just before consuming the smoothie or capsules.



Colonaid - 120 Capsules

Take 5 caps twice daily for 12 days. Repeat in 6 week's

This is the ultimate anti-parasitic gut healer and should be taken first thing in the morning and the last thing at night. Take 5 capsules in each dose.



ParaClenz - Tea Blend 100g

2-3 cups daily. Repeat in 6 week's

Make a teapot each morning and let it steep for at least 10 minutes before pouring the first cup. Save the remainder and reheat for another 2 cups later in the day, mid-afternoon and early-evening.

Food Guide

You will find a food guide and some recipes provided within each program.

Please also select '**14 Day Detox**' on the recipe page www.brettelliott.com/food

Program Types ▾

- 7 Day BodiClenz smoothies
- 7 Day BodiTune smoothies
- 7 Day DETOX capsules
- 14 BodiClenz smoothies
- 14 Day DETOX capsules



Free Mobile App

'Detox 'n Heal Yourself'

Get everything you need in the palm of your hand.



iPhone



Android