

Brett Elliott's
Ultimate Herbal

1-Month Power DETOX



USER GUIDE SHEET

Both products included are used over 1 month each

Part 1



BodiClenz Drink 500g or Herbal DETOX 480 Capsules
Either 1 smoothie of BodiClenz or 4 capsules from each of the four Herbal Detox capsules daily

Follow the one-month 'Gentle Cleanse' program as outlined in the BodiClenz and Ultimate Herbal Detox user guides and recipe sheets provided.

Part 2



BodiTune 500g Pot or BodiTune 32 Sachets
Take 3 scoops or 3 sachets daily

This energizing drink is best taken in the morning or for lunch with a smoothie. It increases metabolism and reduces hunger during the day. Recipes are provided with each product and you can choose from any of the smoothie recipes provided.

Food Guide

You will find a food guide and some recipes provided within each program. You can also select your program on the recipe page www.brettelliott.com/food

- Program Types ▾
- 7 Day BodiClenz smoothies
 - 7 Day BodiTune smoothies
 - 7 Day DETOX capsules
 - 14 BodiClenz smoothies
 - 14 Day DETOX capsules
 - 14 Day SLIM capsules
 - 16 Day BodiTune smoothies
 - 30 Day DETOX capsules



Free Mobile App
'Detox 'n Heal Yourself'
Get everything you need in the palm of your hand.



iPhone



Android