

Brett Elliott's
Ultimate Herbal

Twin Combo

USER GUIDE SHEET

Both products included are used over a total of 6 weeks



Part 1



BodiClenz Drink 500g or Herbal DETOX 480 Capsules

Either 2 smoothies of BodiClenz or 10 capsules from each of the four Herbal Detox capsules daily

Follow the two-week 'Deep Cleanse' program as outlined in the BodiClenz and Ultimate Herbal Detox user guides and recipe sheets provided.

Part 2



Ultimate Herbal SLIM 480 Capsules

Take 4 capsules daily from each of the four bottles

The Herbal SLIM is the ultimate metabolic boost and craving controller, plus a gentle bowel regulator. Follow the 1-month Rapid Slim plan and follow the food guide provided inside the pack.

Food Guide

You will find a food guide and some recipes provided within each program. You can also select your program on the recipe page www.brettelliott.com/food

- 30 Day DETOX capsules
- 30 Day SLIM capsules
- 32 Day BodiTune smoothies



Free Mobile App

'Detox 'n Heal Yourself'
Get everything you need in the palm of your hand.



iPhone



Android